



education

Department: Education

GAUTENG PROVINCE

**ANNUAL TEACHING PLAN LIFE SKILLS ENGLISH
GRADE 1 TERM 1
2019**

Cycle	Week	Date	Study Area (Curriculum completion per week: BKPSW: 1% VA: 0.37% PA: 0.38% PE: 0.75%)	Content/Skill/Activities (Learners are expected to complete the DBE workbook activities and at least one written activity per week in a class workbook for BKPSW)	Possible Curriculum Coverage	Actual Curriculum Coverage	Possible SBA Completion	Actual SBA Completion	Actual Date of Completion
Cycle 1	Week 1 3 Day week	09/01/19 until 11/01/19	Beginning Knowledge & Personal & Social Wellbeing	<p>ORIENTATION OF GRADE 1 LEARNERS TO THEIR NEW SCHOOL FOR 3 DAYS</p> <ul style="list-style-type: none"> Establish Classroom Rules. Establish routine activities. Know where toilets, office, their classroom, brother/sister's classroom, their play area etc., Collecting Stationery. <p>Personal details</p> <ul style="list-style-type: none"> Focus on the detail such as name and surname only 	2.50% (1%)		0%		

		09/01/19 until 11/01/19	Visual Art	<p><i>This is your first art project with your new class so take the opportunity to establish the level of your learners.</i></p> <p>NB: Use different media: thick wax crayons or chalk</p> <ul style="list-style-type: none"> • Draw picture of self using different media 	2.50% (0.37%)		0%		
		09/01/19 until 11/01/19	Performing Art	<p><i>Improvise and interpret</i></p> <p><i>-Play the game "My name is"</i></p>	2.50% (0.38%)		0%		
		09/01/19 until 11/01/19	Physical Education	<p>Rhythm</p> <ul style="list-style-type: none"> • Singing 	2.50% (0.75%)		0%		
	Cycle 1 Week 2 5 Day week	14/01/19 until 18/01/19	Beginning Knowledge & Personal & Social Wellbeing	<p>Personal details – such as address, telephone numbers and age.</p> <ul style="list-style-type: none"> • We are special and unique • Things I can do 	5% (2%)		0%		
		14/01/19 until 18/01/19	Visual Art	<ul style="list-style-type: none"> • Draw picture of self using different media <p>NB: Use different media: thick wax crayons or chalk</p> <p><i>Look out for these common mistakes:</i></p> <p><u>Use of colour:</u> <i>is the face blue or green</i></p> <p><u>Use of space:</u> <i>does the learner use the whole page</i></p> <p><u>Use of proportion:</u> <i>Is the features the correct size</i></p> <p><i>Are all features present?</i></p>	5% (0.74%)		0%		
		14/01/19 until 18/01/19	Performing Art	<p>Improvise and interpret</p> <p>-Play the game "Hot and Cold" (Children's rights)</p>	5% (0.76%)		0%		

		14/01/19 until 18/01/19	Physical Education	Locomotor (Things my body can do -without equipment) <ul style="list-style-type: none"> • Rhythm • Spatial Orientation • Co-ordination 	5% (1.5%)		0%		
Cycle 1	Week 3 5 Day week	21/01/19 until 25/01/19	Beginning Knowledge & Personal & Social Wellbeing	<ul style="list-style-type: none"> • How I am the same as my friends • How I am different from my friends Oral Assessment across the three weeks Formal Assessment Activity	7.50% (3%)		4.16%		
		21/01/19 until 25/01/19	Visual Art	<ul style="list-style-type: none"> • Draw the picture of self using thick wax crayons • Fill in the spaces by painting 	7.50% (1.11%)		4.16%		
		21/01/19 until 25/01/19	Performing Art	Improvise and interpret -Simple improvisation around familiar experiences in own family and community such as the 'birthday party', 'umdlalo', playing 'pophuis', action chant etc. •Creative games and skills: -Locomotor movements: walking, skipping and running forwards and backwards -Non-locomotor movements: bending knees, shoulder and wrist circles	7.50% (1.14%)		4.16%		
		21/01/19 until 25/01/19	Physical Education	Participated in sports and games <ul style="list-style-type: none"> • Play the game: Volley Ball and addressed the following skills: Locomotor <ul style="list-style-type: none"> • Dodging and walking/running in different directions • Using senses: hearing - listen to instructions while moving around Co-ordination	7.5% (2.25%)		4.16%		

				<ul style="list-style-type: none"> Throwing and catching beanbags Perceptual motor skills using a ball.					
Cycle 1	Week 4 5 Day week	28/01/19 until 01/02/19	Beginning Knowledge & Personal & Social Wellbeing	At School <ul style="list-style-type: none"> Name of school, teacher and principal Where to find different places in the school – include toilet, office, play areas 	10% (4%)		8.32%		
		28/01/19 until 01/02/19	Visual Art	Assessment: Draw pictures of self using different media Formal Assessment Activity	10% (1.48%)		8.32%		
		28/01/19 until 01/02/19	Performing Art	Improvise and Interpret <ul style="list-style-type: none"> Singing indigenous songs using appropriate movements (rhythm) and dramatization Creative games and Skills <ul style="list-style-type: none"> Warming up voice: Breathing exercise and creative games such as blowing out candles 	10% (1.52%)		8.32%		
		28/01/19 until 01/02/19	Physical Education	Perceptual motor <ul style="list-style-type: none"> Throwing and catching large balls Co-ordination (dodge ball) <ul style="list-style-type: none"> Play favourite games 	10% (3.00%)		8.32%		
Cycle 1	Week 5 5 Day week	04/02/19 until 08/02/19	Beginning Knowledge & Personal & Social Wellbeing	At School <ul style="list-style-type: none"> Classroom routines and rules How I get to school Formal Assessment Activity	12.50% (5%)		12.52%		

		04/02/19 until 08/02/19	Visual Art	<ul style="list-style-type: none"> • Draw the picture of self interacting with others using thick wax crayons • Fill in the spaces by painting. 	12.50% (1.85%)		12.52%		
		04/02/19 until 08/02/19	Performing Art	Creative games and skills (30 min) <ul style="list-style-type: none"> • Non-Locomotor movements: bending knees, shoulder and wrist circles. • Warming up body parts such as playing the piano, washing body, shaking of water, etc. 	12.50% (1.90%)		12.52%		
		04/02/19 until 08/02/19	Physical Education	Perceptual motor <ul style="list-style-type: none"> • Throwing and catching large ball Co- ordination <ul style="list-style-type: none"> • Throwing and catching bean bags Spatial orientation <ul style="list-style-type: none"> • Jump over and move under obstacles, crawling, climbing, jumping etc. 	12.50% (3.75%)		12.52%		
Cycle 2	Week 6 5 Day week	11/02/18 until 15/02/18	Beginning Knowledge & Personal & Social Wellbeing	Healthy Habits <ul style="list-style-type: none"> • Sleep • Eating healthy food • Proper use of toilet • Washing hands 	15% (6%)		16.68%		

		11/02/18 until 15/02/18	Visual Art	<ul style="list-style-type: none"> • Paint own portrait adding features. - Add eyes, ears, nose and mouth - Discuss features on the head: - Shape- What is the different face shapes Round, oval, heart, diamond, rectangular - Colour- What different colours are people Brown, black, peach, yellow, white, etc. - Line - introduce different lines to your learners' curved, smooth, and rough lines. 	15% (2.22%)		16.68%		
<div style="border: 1px solid black; padding: 10px; background-color: #f0f0f0;"> <p>Note to Teacher:</p> <p>This Activity will continue in week 7.</p> </div>									
		11/02/18 until 15/02/18	Performing Art	<p>Creative games and Skills</p> <ul style="list-style-type: none"> -Locomotor movement walking, skipping and running forward and backward -Keeping a steady beat with changes in tempo whilst clapping or moving in time to music such as walking in fours, skipping in two. <p>Formal Assessment Activity</p>	15% (2.28%)		16.68%		
		11/02/18 until 15/02/18	Physical Education	<p>Perceptual motor</p> <ul style="list-style-type: none"> • Throwing and catching large ball <p>Co- ordination</p> <ul style="list-style-type: none"> • Throwing and catching bean bags <p>Spatial orientation</p> <ul style="list-style-type: none"> • Jump over and move under obstacles, crawling, climbing, jumping etc. 	15% (4.50%)		16.68%		

Cycle 2	Week 7 5 Day week	18/02/19 to 22/02/19	Beginning Knowledge & Personal & Social Wellbeing	Healthy Habits <ul style="list-style-type: none"> • Keeping clean • Hair, teeth and nails • Washing regularly • Regular exercise and play • Limited television Formal Assessment Activity	17.50% (7%)		20.84%		
		18/02/19 to 22/02/19	Visual Art	<ul style="list-style-type: none"> • Paint own portrait adding features. - Add eyes, ears, nose and mouth - Discuss features on the head: - Shape- What is the different face shapes Round, oval, heart, diamond, rectangular - Colour- What different colours are people Brown, black, peach, yellow, white, etc. - Line- introduce different lines to your learners curved, smooth, and rough lines. Formal Assessment Activity	17.50% (2.59%)		20.84%		
		18/02/19 to 22/02/19	Performing Art	Creative games and skills <ul style="list-style-type: none"> -Locomotor movement walking, skipping and running forward and backward -Keeping a steady beat with changes in tempo whilst clapping or moving in time to music such as walking in fours, skipping in two. 	17.50% (2.66%)		20.84%		
		18/02/19 to 22/02/19	Physical Education	Perceptual motor <ul style="list-style-type: none"> • Passing a ball from one member of a group to another. 	17.50% (5.25%)		20.84%		

Note to Teacher:

This skill will be assessed by the end of week 8.
Develop an assessment tool in line with the skills taught.

				<ul style="list-style-type: none"> Rolling a large ball to a partner. Laterality <ul style="list-style-type: none"> Activities using the dominant side of the body Locomotor <ul style="list-style-type: none"> Using senses hearing- listen to instructions while moving around 					
Cycle 2	Week 8 5 Day week	25/02/19 to 01/03/19	Beginning Knowledge & Personal & Social Wellbeing	The Weather <i>A daily weather chart</i> <ul style="list-style-type: none"> Regular observation of weather conditions Hot, cold, windy, cloudy, sunny, misty, rainy Symbols to describe conditions on weather chart. 	20% (8%)		20.84%		
		25/02/19 to 01/03/19	Visual Art	<ul style="list-style-type: none"> Print patterns with thick paint. <u>Print</u>: a mark made by pressure <u>Pattern</u>: repeat in a predictable manner 	20% (2.96%)		20.84%		
		25/02/19 to 01/03/19	Performing Art	Creative games and skills <ul style="list-style-type: none"> Safe environment: Finding own and sharing space with no bumping. Keeping a steady beat with changes in tempo whilst clapping or moving in time to music such as walking in fours, skipping in twos. 	20% (3.04%)		20.84%		

NOTE TO TEACHER:
What can I use:
 Cut vegetables
 Sponge
 Leaves

		25/02/19 to 01/03/19	Physical Education	Rhythm <ul style="list-style-type: none"> Rhyme singing while performing body actions Sports and games <ul style="list-style-type: none"> Movement games- concept of size, distance, space and quantity covered Locomotor <ul style="list-style-type: none"> Using senses- observing course 	20% (6%)		20.84%		
Cycle 2	Week 9 5 Day week	04/03/19 to 08/03/19	Beginning Knowledge & Personal & Social Wellbeing	The Weather The weather and us – include clothes, food, activities (The weather chart should be updated throughout the year) NB. Explain to learners why they should never look directly into sun	22.5% (9%)		25%		
		04/03/19 to 08/03/19	Visual Art	<ul style="list-style-type: none"> 3D: Box construction Using recyclable boxes. Emphasis on geometric shapes and discuss shapes See Note	22.5% (3.33%)	Visual Art Note to Teacher: Geometric shapes are: Circles, squares, triangles, rectangles and Ovals.			
		04/03/19 to 08/03/19	Performing Art	Creative games and skills <ul style="list-style-type: none"> Safe environment: Finding own and sharing space with no bumping Body awareness exploring space and direction such as below, behind, above, using bodies or obstacles. Exploring shape and weight using action words and movements such as crooked, narrow, wide, etc. Cooling down the body. Formal Assessment Activity	22.5% (3.42%)		25%		

		04/03/19 to 08/03/19	Physical Education	Locomotor <ul style="list-style-type: none"> Dodging and walking in different directions Balance <ul style="list-style-type: none"> Dodging games around skittles changing direction. Spatial orientation <ul style="list-style-type: none"> Different formation: circle Rhythm <ul style="list-style-type: none"> Hopscotch Sports and games <ul style="list-style-type: none"> Rope skipping Formal Assessment Activity	22.5% (6.75%)		25%		
Cycle 2	Week 10 5 Day week	11/03/19 to 15/03/19	Beginning Knowledge & Personal & Social Wellbeing	SPECIAL DAYS <ul style="list-style-type: none"> Valentine's Day- 14 February Human Rights Day - 21 March National Water week - 15 to 21 March World Water Day - 22 March <i>NB: Observe/Celebrate the days relevant as they occur during the Term</i>	25% (10%)		25%		
		11/03/19 to 15/03/19	Visual Art	<ul style="list-style-type: none"> 3D : Box construction Using recyclable boxes. Emphasis on geometric shapes and discuss shapes 	25% (3.7%)		25%		
		11/03/19 to 15/03/19	Performing Art	Improve and interpret -Dramatization: making up short stories of no more than few sentences based on a box of interesting objects- an object is selected and imagined to be alive	25% (3.8%)		25%		

		11/03/19 to 15/03/19	Physical Education	Perceptual motor skills <ul style="list-style-type: none"> • Rolling a large ball to a Partner Spatial orientation <ul style="list-style-type: none"> • Different formation Perceptual motor skills <ul style="list-style-type: none"> • Passing a ball from one member of a group to another. 	25% (7.5%)		25%		
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