



**education**

Department: Education

**GAUTENG PROVINCE**

**ANNUAL TEACHING PLAN LIFE SKILLS ENGLISH  
GRADE 3 TERM 1  
2019**

Cycle	Week	Date	Study Area (Curriculum completion per week: BKPSW: 1% VA: 0.37% PA: 0.38% PE: 0.75%)	Content/Skill/Activities  (Learners are expected to complete the DBE workbook activities and at least three written activities per week in a class workbook for BKPSW)	Possible Curriculum Coverage	Actual Curriculum Coverage	Possible SBA Completion	Actual SBA Completion	Actual Date of Completion
Cycle 1	Week 1  3 Day week	09/01/19 to 11/01/19	Beginning Knowledge & Personal & Social Well-being	About me <ul style="list-style-type: none"> <li>What a timeline is</li> </ul>	2.50% (1%)		0%		
		09/01/19 to 11/01/19	Visual Art	Create in 2D <ul style="list-style-type: none"> <li>Formal teaching of drawing and painting and other: exploring a variety of media</li> </ul>	2.50% (0.37%)		0%		

		09/01/19 to 11/01/19	Performing Art	Creative games and skills <ul style="list-style-type: none"> <li>• Warming-up: co-ordination of isolated body parts such as arms swinging. Swaying</li> <li>• Drama games: develop interaction and cause and effect such as counting games, name games, etc.</li> </ul> Cooling down the body and relaxation: express moods and ideas through movement	2.50% (0.38%)		0%		
		09/01/19 to 11/01/19	Physical Education	Locomotor <ul style="list-style-type: none"> <li>• Warm up body parts</li> <li>• Wheel barrow, three-legged race</li> <li>• Cooling down the body and relaxation</li> </ul>	2.50% (0.75%)		0%		
		14/01/19 to 18/01/19	Beginning Knowledge & Personal & Social Well- being	About me <ul style="list-style-type: none"> <li>• Timeline of own life-include date of birth, starting school, at least one interesting fact               <ul style="list-style-type: none"> <li>○ An interesting object from my past</li> </ul> </li> </ul>	5% (2%)		0%		
Cycle 1	Week 2 5 Day week	14/01/19 to 18/01/19	Visual Art	Introduce overlapping :behind, in front of	5% (0.74%)		0%		

		14/01/19 to 18/01/19	Performing Art	Creative games and skills <ul style="list-style-type: none"> <li>• Warming-up by focusing on breathing: e.g. 'painting with your breath', panting like a dog' etc.</li> <li>• Playing rhythm patterns and simple polyrhythm's in 2, 3, or 4 time on percussions instruments</li> </ul> Cooling down the body and relaxation: express moods and ideas through movement	5% (0.76%)		0%		
		14/01/19 to 18/01/19	Physical Education	Locomotor <ul style="list-style-type: none"> <li>• Warm up body parts</li> <li>• Mini-cricket: Running between wickets</li> <li>• Athletics: Sprinting</li> <li>• Cooling down the body and relaxation</li> </ul>	5% (1.50%)		0%		
		21/01/19 to 25/01/19	Beginning Knowledge & Personal & Social Wellbeing	Feelings <ul style="list-style-type: none"> <li>• Things that make me happy and things that make me sad</li> <li>• Recognising feelings – such as anger, fear ,worry, loneliness</li> </ul> <b>Formal Assessment Activity</b>	7.50% (3%)		4.16%		

		21/01/19 to 25/01/19	Visual Art	Create in 2D <ul style="list-style-type: none"> <li>Variation of paper size and format: encourage working in different scale and degrees of detail</li> </ul>	7.50% (1.11%)		4.16%		
		21/01/19 to 25/01/19	Performing Art	Creative games and skills <ul style="list-style-type: none"> <li>Warming –up the voice and singing songs (unison, rounds and call and response songs) in tune and in time</li> <li>Drama games: develop interaction and cause and effect such as counting games, name games, etc.</li> <li>Cooling down the body and relaxation: express moods and ideas through movement</li> </ul>	7.50% (1.14%)		4.16%		
		21/01/19 to 25/01/19	Physical Education	Perceptual motor Tennis – set <ul style="list-style-type: none"> <li>Warm up body parts</li> <li>Walking, bounce tennis ball in the air, on the ground and with alternative sides of the bat</li> <li>With a partner, volley ball</li> </ul> Cooling down the body and relaxation	7.50% (2.25%)		4.16%		

Cycle 1	Week 4 5 Day week	28/01/19 to 01/02/19	Beginning Knowledge & Personal & Social Wellbeing	Feelings <ul style="list-style-type: none"> <li>• Good ways to express what we feel</li> <li>• Apologies – how to say sorry</li> </ul>	10% (4%)		8.32%		
		28/01/19 to 01/02/19	Visual Art	Create in 3D ( Constructing) Clay modelling :animals, dragons, pinch pots and other  <b>Formal Assessment Activity</b>	10% (1.48%)		8.32%		
		28/01/19 to 01/02/19	Performing Art	Creative games and skills <ul style="list-style-type: none"> <li>• Warming-up: co-ordination of isolated body parts such as arms swinging. Swaying</li> <li>• Locomotor movement: skip/gallop forwards, backwards, sideways and turning in different pathways (diagonal, circles, S- shapes etc.)</li> </ul> Cooling down the body and relaxation: express moods and ideas through movement	10% (1.52%)		8.32%		
		28/01/19 to 01/02/19	Physical Education	Perceptual motor <ul style="list-style-type: none"> <li>• Warm up body parts</li> </ul>	10% (3%)		8.32%		

				<ul style="list-style-type: none"> <li>- With a partner, hit the ball over the net using forehand</li> <li>- With a partner, hit the ball over the net using back hand</li> </ul> <p>Cooling down the body and relaxation</p>					
Cycle 1	Week 5 5 Days week	04/02/19 to 08/02/19	Beginning Knowledge & Personal & Social Wellbeing	<p>Health protection</p> <ul style="list-style-type: none"> <li>• Basic first aid practices in situations such as nose bleeds, animal bites, cuts and burns.</li> </ul> <p>Basic health and hygiene – include not touching other people's blood</p> <p><b>Formal Assessment Activity</b></p>	12.50% (5%)		12.52%		
		04/02/19 to 08/02/19	Visual Art	<p>Visual Literacy</p> <ul style="list-style-type: none"> <li>• Art elements: Shape/form, texture</li> </ul>	12.50% (1.85%)		12.52%		
		04/02/19 to 08/02/19	Performing Art	<p>Creative games and skills</p> <ul style="list-style-type: none"> <li>• Warming-up: co-ordination of isolated body parts such as arms swinging. Swaying</li> <li>• Non- locomotor movements : bending, rising, reaching,</li> </ul>	12.50% (1.9%)		12.52%		

				coordinating arms and legs in time to music <ul style="list-style-type: none"> <li>Cooling down the body and relaxation :express moods and ideas through movement</li> </ul>					
		04/02/19 to 08/02/19	Physical Education	Rhythm <ul style="list-style-type: none"> <li>Warm up body parts</li> <li>Athletics: crouch start in sprinting (on your marks...get set...go!</li> <li>Athletics: long jump action determining take-off foot</li> <li>Athletics: high jump action determining take-off foot</li> <li>Cooling down the body and relaxation</li> </ul>	12.50% (3.75%)		12.52%		
Cycle 2	Week 6	11/02/19 to 15/02/19	Beginning Knowledge & Personal & Social Wellbeing	Keeping my body safe <ul style="list-style-type: none"> <li>We are not safe with everyone</li> <li>Rules to keep my body safe</li> <li>Trusting Yes and No 'feelings</li> <li>How to say No 'to any form of abuse</li> <li>How to report abuse</li> </ul>	15% (6%)		16.68%		

				Note : This topic should focus on the prevention of physical abuse					
		11/02/19 to 15/02/19	Visual Art	Create in 3D ( Constructing) Teach simple modelling techniques: rolling, pinching	15% (2.22%)		16.68%		
		11/02/19 to 15/02/19	Performing Art	Improvise and interpret <ul style="list-style-type: none"> <li>• Warming –up the voice and singing songs (unison, rounds and call and response songs) in tune and in time</li> <li>• Listen to South African music (indigenous and western) focusing on rhythm and beat, 2, 3, or 4 time</li> <li>• Cooling down the body and relaxation: express moods and ideas through movement.</li> </ul> <b>Formal Assessment Activity</b>	15% (2.28%)		16.68%		
		11/02/19 to 15/02/19	Physical Education	Co-ordination <ul style="list-style-type: none"> <li>• Warm up body parts</li> <li>• Athletics: throw a tennis ball</li> </ul>	15% (4.50%)		16.68%		



				<ul style="list-style-type: none"> <li>Hand-eye co-ordination :bounce a tennis ball on a tennis-set bat...in the air...on the ground while walking</li> <li>Cooling down the body and relaxation</li> </ul>					
Cycle 2	Week 7 5 Day week	18/02/19 to 22/02/19	Beginning Knowledge & Personal & Social Wellbeing	Keeping my body safe <ul style="list-style-type: none"> <li>How to say No 'to any form of abuse</li> <li>How to report abuse</li> </ul> Note : This topic should focus on the prevention of sexual abuse  <b>Formal Assessment Activity</b>	17.50% (7%)		20.84%		
		18/02/19 to 22/02/19	Visual Art	Create in 3D ( Constructing) <ul style="list-style-type: none"> <li>Teach simple modelling techniques : modelling; include surface textural treatment</li> </ul> <b>Formal Assessment Activity</b>	17.50% (2.59%)		20.84%		
		18/02/19 to 22/02/19	Performing Art	Improvise and interpret <ul style="list-style-type: none"> <li>Warming –up the voice and singing songs (unison, rounds and call and</li> </ul>	17.50% (2.66%)		20.84%		

				<p>response songs) in tune and in time</p> <ul style="list-style-type: none"> <li>• Role play with beginning, middle ,end using stimulus e.g. South African poem, story ,song or picture</li> <li>• Cooling down the body and relaxation: express moods and ideas through movement</li> </ul>					
		18/02/19 to 22/02/19	Physical Education	<p>Balance</p> <ul style="list-style-type: none"> <li>• Warm up body parts</li> <li>• Mini- tennis : running ,hitting forehead, backhand and volley shots over net/rope</li> <li>• Cricket : Batting</li> <li>• Cooling down the body and relaxation</li> </ul>	17.50% (5.25%)		20.84%		
Cycle 2	Week 8 5 Day week	25/02/19 to 01/03/19	Beginning Knowledge & Personal & Social Wellbeing	<p>Rights and responsibilities</p> <ul style="list-style-type: none"> <li>• Learners; rights and responsibilities</li> <li>• Rights and responsibilities of others At home</li> </ul>	20% (8%)		20.84%		

		25/02/19 to 01/03/19	Visual Art	Create in 3D ( Constructing) <ul style="list-style-type: none"> <li>• Use of tools: safety, consideration of others, sharing resources</li> </ul>	20% (2.96%)		20.84%		
		25/02/19 to 01/03/19	Performing Art	Improvise and interpret <ul style="list-style-type: none"> <li>• Warming-up by focusing on breathing: e.g. 'painting with your breath', panting like a dog, etc.</li> <li>• Portraying character and objects in the role play using observation , imitation and exaggeration</li> <li>• Cooling down the body and relaxation: express moods and ideas through movement</li> </ul>	20% (3.04%)		20.84%		
		25/02/19 to 01/03/19	Physical Education	Spatial orientation <ul style="list-style-type: none"> <li>• Warm up body parts</li> <li>• Changing directions</li> <li>• Navigate a complicated obstacle course including pushing, pulling, climbing, changing direction</li> <li>• Cooling down the body and relaxation</li> </ul>	20% (6%)		20.84%		

Cycle 2	Week 9 5 Day week	04/03/19 to 08/03/19	Beginning Knowledge & Personal & Social Wellbeing	Rights and responsibilities Learners rights: At home At school In our community In the environment	22.50% (9%)		25%		
		04/03/19 to 08/03/19	Visual Art	Visual Literacy Art elements: identify and name all art elements	22.50% (3.33%)		25%		
		04/03/19 to 08/03/19	Performing Art	Improvise and interpret <ul style="list-style-type: none"><li>Warming-up: co-ordination of isolated body parts such as arms swinging. Swaying</li><li>Perform notated rhythm patterns (notation or French note names or graphic scores) containing the equivalent of semibreves , minims, crotchets, quavers and rests , using body percussions</li><li>Cooling down the body and relaxation :express moods and ideas through movement</li></ul> <b>Formal Assessment Activity</b>	22.50% (3.42%)		25%		

		04/03/19 to 08/03/19	Physical Education	Laterality <ul style="list-style-type: none"> <li>• Warm up body parts</li> <li>• Kick moving ball with left and right foot</li> <li>• Cooling down the body and relaxation</li> </ul> <b>Formal Assessment Activity</b>	22.50% (6.75%)		25%		
Cycle 2	Week 10	11/03/19 to 15/03/19	Beginning Knowledge & Personal & Social Wellbeing	Religious days and special events March 21 : Human Rights day Easter Celebration: 28 March	25% (10%)		25%		
		11/03/19 to 15/03/19	Visual Art	Visual Literacy <ul style="list-style-type: none"> <li>• Use artworks and visual stimuli to relate to own work</li> </ul>	25% (3.75%)		25%		
		11/03/19 to 15/03/19	Performing Art	<ul style="list-style-type: none"> <li>• Warming-up: co-ordination of isolated body parts such as arms swinging. Swaying</li> <li>• Learn and combine movements from South African dance e.g. Indian dance, Pantsula, with appropriate music</li> </ul>	25% (3.75%)		25%		

				Cooling down the body and relaxation: express moods and ideas through movement					
		11/03/19 to 15/03/19	Physical Education	Sports and Games <ul style="list-style-type: none"> <li>• Warm up body parts</li> <li>• Athletics: relay running</li> <li>• Mini – tennis</li> <li>• Mini – cricket</li> <li>• Cooling down the body and relaxation</li> </ul>	25% (7.5%)		25%		